The countdown is on!
Not long until...

CAMP RUMBUG
VICTORIA'S LEADING ADVENTURE CAMP

18-20th May, 2015
The beautiful Camp Rumbbug is located in the majestic hills of South Gippsland, two hours from Melbourne’s CBD and set in 200 acres of temperate rainforest overlooking Wilsons Promontory National Park. Accommodation comprising a total of 260 beds in two purpose-built buildings.
**Monday 18th May**
8.25am – Students arrive at school. All labelled medication, together with medication forms, to be handed to First Aid Co-ordinator. 
Jen Finley – St Joachim’s First Aider, Lisa Brooking – St Anne’s First Aider
9.00am -  Buses depart both St Joachim’s and St Anne’s (PLEASE NOTE CHANGE OF TIME)

SNACK stop on the way to Camp Rumbbug (please bring packed snack in backpack)
LUNCH at Camp Rumbbug on arrival (please provide packed lunch in backpack)

2.00pm – Afternoon Activities at Camp

**Tuesday 19th May**
camp Activities

**Wednesday 20th May**
camp Activities
1.00pm – Depart from Camp Rumbbug

3.00pm – Return to school
Camp Rumbug pride themselves on their high quality food, which is nutritiously balanced and in abundance.

<table>
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<tr>
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<th>BREAKFAST</th>
<th>LUNCH</th>
<th>DINNERT</th>
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<tbody>
<tr>
<td><strong>DAY 1</strong></td>
<td>N/A</td>
<td>Bring lunch on first day.</td>
<td>Roast lamb with roast potato, peas &amp; pasta salad, beetroot and carrot, fresh fruit salad &amp; cream.</td>
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<tr>
<td><strong>DAY 2</strong></td>
<td>Cereals, orange juice &amp; fresh fruit, toast with vegemite, jam etc. bacon and eggs.</td>
<td>Wraps with choice of tuna, bacon, chicken &amp; salad fillings. Fresh fruit.</td>
<td>Homemade lasagne with fresh salad. Apple crumble &amp; custard.</td>
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<tr>
<td><strong>DAY 3</strong></td>
<td>Cereals, orange juice &amp; fresh fruit. Homemade pancakes &amp; maple syrup etc.</td>
<td>Sandwiches with choice of ham, chicken &amp; salad fillings. Fresh fruit &amp; soup.</td>
<td>N/A</td>
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*Any special diets, allergies etc. that require alternative food (such as soy milk, gluten free bread etc.) to that listed on the menu is solely the responsibility of the parent to provide.

Vegetarian meals are available by request, in writing.
Activities

Mud Run

Open Canoeing

Archery

Flying Fox
Campers Bring List

- Day Pack / Backpack with snack, lunch and drink bottle for 1st day of Camp.
- Sleeping Bag, (Pillow optional)
- Fitted sheet
- Toiletries – towel, hair brush, tooth brush & paste, soap, shampoo, roll on deodorant, hair ties etc.
- Socks and Underwear – minimum of 2 pair per day.
- Pyjamas
- Tracksuits
- Waterproof raincoat with a hood.
- Warm jacket
- Long sleeve t-shirts and t-shirts
- Full length pants
- Slippers
- Runners/shoes – 3 old pairs
- Beanie
- Sunscreen and mosquito repellent
- Garbage bag for wet, dirty clothes
- Thongs for showering
- Torch with new batteries
- Old towel for wet activities

EXTRAS
- A book
- Your teddy bear (Mr Berlingeri will be bringing his!)
- ONE bag of lollies
- Medication clearly labelled, if necessary

Please be aware that clothing may get wet, dirty or damaged when involved in adventure activities. Old clothes are most suitable.

NO Electronics! Only disposable cameras, please!
* St Joachim’s Bunk Room allocations will be announced to the students on the first day of camp.
* St Anne’s students have already chosen their Bunk Rooms.
* Activity and Duty Groups will be announced on the first day of camp.

Student preference will be taken into account, however Bunk Rooms will be comprising of a combination of Grade 5’s and Grade 6’s, therefore only one friend preference will be guaranteed.
Many students are often very tired from the physical nature of Camp.

On Thursday 21\textsuperscript{st} May, the day after we get back from camp, we have decided to allow students to have a ‘sleep-in’.

Students will not need to be at school until 11.30am.
We are all looking forward to sharing in the Adventure of Camp Rumbbug with the Grade 5’s and 6’s of 2015!

Please talk to any of the Camp staff about further questions you may have or any extra information you may require.